

# HCS K 12

(Menu subject to change by Karson Foods)

## April BREAKFAST

Breakfast full price:	\$2.25
Breakfast reduced price:	\$0.30
Lunch full price:	\$3.75
Lunch reduced price:	\$0.40
Milk only:	\$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Fresh Pear-1 W/G Lemon Loaf-2 oz. Waffle Grahams-2 Milk-8 oz.	2 Fresh Apple-1 Honey Scooters Cereal-1 oz. Strawberry Breakfast Bar-1 Milk-8 oz.	3 Fresh Orange-1 Whole Grain Cinnamon Raisin Bagel w/Cream Cheese-1 Milk-8 oz.	4 Diced Pear Cup-1/2 c. Apple Juice-4 oz. W/G Superbun-1 Milk-8 oz.	5 Fresh Orange-1 Matey's Cereal-1 oz. Dino Grahams-2 Milk 8 oz.
8 Fresh Apple-1 Apple Breakfast Bar-1 Honey Graham Toasters Cereal-1 oz. / Milk-8 oz.	9 Fresh Pear-1 W/G Lemon Loaf-2 oz. Waffle Grahams-2 Milk-8 oz.	10 Fresh Orange-1 Whole Wheat Bagel w/ Cream Cheese-1 Milk-8 oz.	11 Fresh Apple-1 Alpha-Bits Cereal-1 oz. Dino Grahams-2 Milk-8 oz.	12 Fresh Pear-1 Mul-grain Cheerios-1 oz. Bear Grahams-2 Milk-8 oz.
15 Fresh Orange-1 Apple Cinnamon Cheerios Cereal-1 oz. Whole Grain Bread / Milk-8 oz.	16 Fresh Apple-1 W/G Corn Bread Loaf-2 oz. Bear Grahams-2 Milk-8 oz.	17 Strawberry Applesauce Cup-1/2 c. Orange Tangerine Juice-4 oz. Oat Blenders Cereal-1 oz. Waffle Grahams-2 / Milk-8 oz.	18 <b>1:00PM DISMISSAL</b> Fresh Orange-1 Whole Grain White Bagel w/ Cream Cheese-1 Milk-8 oz.	19 <b>SCHOOL CLOSED FOR SPRING BREAK</b>
22 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	23 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	24 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	25 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	26 <b>SCHOOL CLOSED FOR SPRING BREAK</b>
29 Fresh Pear-1 Cinnamon Toasters Cereal-1 oz. Dino Grahams-2 Mill-8 oz.	30 Fresh Pear-1 Frosted Mini Wheats Cereal-1 oz. Waffle Grahams-2 / Milk-8 oz.	1	2	3
		M	A	Y

# HCS K 12

(Menu subject to change by Karson Foods)

## April HOT

**PLEASE NOTE THAT ALL  
1:00PM DISMISSAL DATES  
WILL ONLY OFFER  
COLD LUNCH OPTIONS**

Breakfast full price:	\$2.25
Breakfast reduced price:	\$0.30
Lunch full price:	\$3.75
Lunch reduced price:	\$0.40
Milk only:	\$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST FOR LUNCH</b> 1 French Toast S̄icks w/ Syrup-4 Beef Sausage Links-3 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>TACO TUESDAY</b> 2 Beef Nachos/Cheese Sauce5oz. Refried Beans—3/4 c. Yellow Corn Tor̄illa Chips-1 oz. Applesauce Cup-1/2 c. Milk-8 oz.	Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Fresh Apple-1. Whole Wheat Dinner Roll Milk-8 oz.	Turkey Meatball Sub-1 Celery S̄icks w/ Dip-3/4 c. Fresh Banana-1 Whole Grain Sub Roll-1 Milk-8 oz.	Baked Zī-5 oz. Romaine Salad w/ Dressing-1 1/2 c. Strawberry Applesauce Cup-1/2 c. Whole Grain Italian Bread Milk-8 oz.
W/G Chicken Nuggets-3.75 oz. Diced Carrots-3/4 c. Whole Grain Bread Fresh Orange -1 Milk-8 oz.	<b>TACO TUESDAY</b> 9 Beef Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-3/4 c. W/G Yellow Corn Tor̄illa Chips-1 oz. Fresh Apple-1/Milk-8 oz.	Swedish Turkey Meatballs-3 oz. Green Beans-3/4 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-8 oz.	All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c. Fresh Banana-1 Milk-8 oz.	W/G 3x5 Pizza Slices-2 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
All Beef Hamburger on a a Whole Wheat Bun-1 Vegetarian Beans-3/4 c. Applesauce Cup-1/2 c. Milk-8 oz.	<b>TACO TUESDAY</b> 16 Beef Nachos/Cheese Sauce5oz. Celery S̄icks w Dip Yellow Corn Tor̄illa Chips-1 oz. Peach Applesauce Cup-1/2 c. Milk-8 oz.	Meatloaf w/ Ketchup-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.	<b>1:00PM DISMISSAL</b> 18 Sliced Chicken Breast on a Whole Wheat Bun-1 Carrot S̄icks w/ Dip-3/4 c. Fresh Banana-1 . Milk-8 oz.	<b>SCHOOL CLOSED FOR SPRING BREAK</b> 19
<b>SCHOOL CLOSED FOR SPRING BREAK</b> 22	<b>SCHOOL CLOSED FOR SPRING BREAK</b> 23	<b>SCHOOL CLOSED FOR SPRING BREAK</b> 24	<b>SCHOOL CLOSED FOR SPRING BREAK</b> 25	<b>SCHOOL CLOSED FOR SPRING BREAK</b> 26
Breaded Chicken Pāy on a Whole Wheat Bun-1 Corn-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>TACO TUESDAY</b> 30 Beef Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-3/4 c. W/G Yellow Corn Tor̄illa Chips-1 oz. Fresh Apple-1/Milk-8 oz.	1	2	3
		M	A	Y

# HCS K 12

(Menu subject to change by Karson Foods)

## April VEGETARIAN

**PLEASE NOTE THAT ALL  
1:00PM DISMISSAL DATES  
WILL ONLY OFFER  
COLD LUNCH OPTIONS**

Breakfast full price:	\$2.25
Breakfast reduced price:	\$0.30
Lunch full price:	\$3.75
Lunch reduced price:	\$0.40
Milk only:	\$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST FOR LUNCH 1</b> French Toast Slices w/ Syrup-4 Hash Brown Pastry-1 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1 Cheese Slice-1/Milk-8 oz.	<b>TACO TUESDAY 2</b> Veggie Beef Nachos/Cheese Sauce-5 oz. Refried Beans—3/4 c Yellow Corn Tortilla Chips-1 oz. Applesauce Cup-1/2 c. Milk-8oz.	<b>3</b> Veggie Breaded Chicken Pastry on a Whole Wheat Bun-1 French Fries-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>4</b> Veggie Meatball Sub-1 Celery Slices w/ Dip-3/4 c. Fresh Banana-1 Whole Grain Sub Roll-1 Milk-8 oz.	<b>5</b> Baked Ziti-5 oz. Romaine Salad w/ Dressing-1 1/2 c. Strawberry Applesauce Cup-1/2 c. Whole Grain Italian Bread Milk-8 oz.
<b>8</b> Veggie Nuggets-3 oz. Diced Carrots-3/4 c. Whole Grain Bread Fresh Orange-1 Milk-8 oz.	<b>TACO TUESDAY 9</b> Veggie Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-3/4 c. W/G Yellow Corn Tortilla Chips-1 oz. Fresh Apple-1/Milk-8 oz.	<b>10</b> Veggie Meatballs w/ Gravy-4 Green Beans-3/4 c. Fresh Banana-1 Whole Wheat Dinner Roll Milk-8 oz.	<b>11</b> Veggie Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c. Fresh Banana-1 Milk-8oz.	<b>12</b> W/G 3x5 Pizza Slices-2 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
<b>15</b> Veggie Burger on a Whole Wheat Bun-1 Vegetarian Beans-3/4 c. Applesauce Cup-1/2 c. Milk-8 oz.	<b>TACO TUESDAY 16</b> Veggie Beef Nachos/Cheese Sauce-5 oz. Celery Slices w Dip Yellow Corn Tortilla Chips-1 oz. Peach Applesauce Cup-1/2 c. Milk-8oz.	<b>17</b> Mozzarella Slices-4 Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Apple-1 Milk-8 oz.	<b>1:00PM DISMISSAL 18</b> American Cheese on a Whole Wheat Bun-1 Carrot Slices w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	<b>SCHOOL CLOSED FOR SPRING BREAK</b>
<b>SCHOOL CLOSED FOR SPRING BREAK</b>	<b>SCHOOL CLOSED FOR SPRING BREAK</b>	<b>SCHOOL CLOSED FOR SPRING BREAK</b>	<b>SCHOOL CLOSED FOR SPRING BREAK</b>	<b>SCHOOL CLOSED FOR SPRING BREAK</b>
<b>29</b> Veggie Breaded Chicken Pastry on a Whole Wheat Bun-1 Corn-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>TACO TUESDAY 30</b> Veggie Taco's w/ Shredded Cheddar Cheese-2 Refried Beans-3/4 c. W/G Yellow Corn Tortilla Chips-1 oz. Fresh Apple-1/Milk-8 oz.	<b>1</b> M	<b>2</b> A	<b>3</b> Y

# HCS K 12

(Menu subject to change by Karson Foods)

## April COLD

Breakfast full price:	\$2.25
Breakfast reduced price:	\$0.30
Lunch full price:	\$3.75
Lunch reduced price:	\$0.40
Milk only:	\$0.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey Ham and Swiss Cheese on Whole Grain Sub Roll-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz.	2 Fresh Turkey Breast on Whole Grain Bread-1 Black Bean and Corn Salad Fresh Orange-1 Milk-8 oz.	3 Chicken Salad on Whole Grain Potato Roll - 1 Potato Salad Cup Fresh Apple-1 Milk-8 oz.	4 Beef Bologna and Cheese on Wheat Kaiser Roll-1 Fresh Snipped Green Beans w/ Dip Fresh Pear-1 / Milk-8 oz.	5 Sliced Chicken and Cheese on Whole Grain Bread-1 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
8 Beef Salami and Cheese on Whole Wheat Bun-1 Fresh Baby Carrots w Dip Fresh Orange-1 Milk-8 oz.	9 Beef Bologna and Cheese on Whole Grain Bread-1 Black Bean and Corn Salad Fresh Apple -1 Milk-8 oz.	10 Tuna Wrap w/ Lettuce and Tomato on Wheat Tortilla-1 Fresh Green Beans w Dip Fresh Pear-1 Milk-8 oz.	11 Turkey Ham and Provolone Cheese on Whole Grain Sub Roll-1 Potato Salad Cup Fresh Apple-1 / Milk-8 oz.	12 Turkey on Whole Wheat Roll-1 Romaine Salad w/ Dressing-1 1/2 c. Fresh Orange-1 Milk-8 oz.
15 Beef Bologna and Cheese on Whole Grain Bread-1 Black Bean and Corn Salad Fresh Apple-1 / Milk-8 oz.	16 Fresh Turkey Breast on Whole Grain Bread-1 Celery Sticks w Dip Fresh Orange-1 / Milk-8 oz.	17 Chicken Salad on Whole Grain Potato Roll - 1 Potato Salad Cup Fresh Apple-1 Milk-8 oz.	18 <b>1:00PM DISMISSAL</b> Turkey Ham and Swiss Cheese on Whole Grain Sub Roll-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz.	19 <b>SCHOOL CLOSED FOR SPRING BREAK</b>
22 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	23 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	24 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	25 <b>SCHOOL CLOSED FOR SPRING BREAK</b>	26 <b>SCHOOL CLOSED FOR SPRING BREAK</b>
29 Turkey Breast on a Whole Wheat Bun-1 Cold Corn Cup Fresh Apple-1 Milk-8 oz.	30 Beef Bologna and Cheese on Wheat Kaiser Roll-1 Black Bean and Corn Salad Fresh Pear-1 / Milk-8 oz.	1	2	3
		M	A	Y