Directions: (Please retain a copy of your selections at	home) BREAKFAST	Milk only: \$0.	40
NAME: Gr	ade: January	Lunch reduced price: \$0.	40
ANY FORMS SUBMITTED LATE CAN NOT I	BE PROCESSED FOR THE 1ST WEEK!!!	Lunch full price: \$3.	75
MONDAY DECEMBER 11TH	(Menu subject to change by Karson Foods)	Breakfast reduced price: \$0.0	30
<u>RETURN NO LATER THAN</u>	Hoboken Charter School K-8 Breakfast Menu	Breakfast full price: \$2.	25

2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
SCHOOL	Pineapple cup-1	Fresh Pear-1	Fresh Banana 1	Fresh Apple-1
CLOSED FOR	Whole Grain Corn Muffin-2 oz.	Multigrain Cheerios-1 oz.	Apple Breakfast Bar-1	Alpha-Bits Cereal-1 oz.
WINTER	Dino Grahams-2	Bear Grahams-2	Honey Graham Toasters	Dino Grahams-2
BREAK	Milk-8 oz.	Milk-8 oz.	Cereal-1 oz. / Milk-8oz.	Milk-8 oz.
8	9	10	1:00PM DISMISSAL 11	12
Fresh Pear-1	Fresh Apple-1	Fresh Orange-1	Fresh Orange-1	Peach Applesauce Cup-1/2 c.
Cinnamon Toasters	Honey Scooters Cereal-1oz.	Whole Grain Cinnamon Raisin	Fruit Loops Cereal-1 oz.	Apple Juice-4 oz.
Cereal-1 oz.	Strawberry Breakfast Bar-1	Bagel w/Cream Cheese-1	Whole Grain Bread	Whole Grain Corn Muffin-2 oz.
WG Bread / Milk-8oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Graham Crackers-3/Milk-8oz.
15	16	17	18	19
SCHOOL	Fresh Pear-1	Fresh Orange-1	Fresh Apple-1	Fresh Pear-1
CLOSED FOR	W/G Banana Loaf-2 oz.	Wheat Bagel w/ Cream Cheese-1	Alpha-Bits Cereal-1 oz.	Multigrain Cheerios-1 oz.
MLK DAY OF	Waffle Grahams-2	Milk-8 oz.	Dino Grahams-2	Bear Grahams-2
SERVICE	Milk-8 oz.		Milk-8 oz.	Milk-8 oz.
22	23	24	25	26
Fresh Pear-1	Fresh Apple-1	Strawberry Applesauce Cup-1/2 c.	Fresh Apple-1	Fresh Orange-1
Frosted Mini Wheats	W/G Apple Loaf-2 oz.	Orange Tangerine Juice-4 oz.	Apple Breakfast Bar-1	W/G Banana Loaf-2 oz.
Cereal-1 oz.	Bear Grahams-2	Whole Grain White Bagel	Honey Graham Toasters	Dino Grahams-2
Waffle Grahams-2/Milk-8oz	Milk-8 oz.	w/ Cream Cheese-1 / Milk-8oz.	Cereal-1 oz. / Milk-8oz.	Milk-8 oz.
29	30	31		
Fresh Apple-1	Fresh Orange-1	Peach Applesauce Cup-1/2 c.		
Apple Breakfast Bar-1	Whole Grain Cinnamon Raisin	Apple Juice-4 oz.		
Honey Graham Toasters	Bagel w/Cream Cheese-1	Whole Grain Corn Muffin-2 oz.		
Cereal-1 oz. / Milk-8oz.	Milk-8 oz.	Graham Crackers-3/Milk-8oz.		

RETURN NO LATER T	<u>THAN</u>	Hoboken Charter School K-8 Breakfast M	enu Breakfast fo	all price: \$2.25	
MONDAY DECEMI	<u>BER 11TH</u>	(Menu subject to change by Karson Food	ls) Breakfast re	educed price: \$0.30	
ANY FORMS SUBMITT	ED LATE CAN NOT BE PI	ROCESSED FOR <i>FOR THE 1ST</i>	Lunch full p	price: \$3.75	
NAME:	Grade: _	January	Lunch redu	ced price: \$0.40	
Directions: (Please retain a	copy of your selections at home)	HOT LUNCH	Milk only:	\$0.40	
1. Circle which meals you	1. Circle which meals your child would like for the month * Payment MUST accompany your food order.				
2. 2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.					
2. 2. If your child wants	only milk, please circle the mill	option only per date, and indicate C fo	r chocolate or W for white milk.		
MONDAY	only milk, please circle the mill TUESDAY	option only per date, and indicate C fo	r chocolate or W for white milk. THURSDAY	FRIDAY	
		1		FRIDAY 5	
	TUESDAY	WEDNESDAY		FRIDAY 5 Cheese Pizza-1	
MONDAY 1	TUESDAY TACO TUESDAY 2	WEDNESDAY 3	THURSDAY 4	5	
MONDAY 1 SCHOOL	TUESDAY TACO TUESDAY 2 Beef Nachos/Cheese Sauce5oz.	WEDNESDAY 3 Teriyaki Chicken Bites- 4	THURSDAY 4 All Beef Hot Dog on a	5 Cheese Pizza-1	
MONDAY 1 SCHOOL CLOSED FOR	TUESDAY TACO TUESDAY 2 Beef Nachos/Cheese Sauce5oz. Romaine Salad /Dressing-1 1/2	WEDNESDAY 3 Teriyaki Chicken Bites- 4 Green Beans-3/4 c.	THURSDAY 4 All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1	Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c.	
MONDAY 1 SCHOOL CLOSED FOR WINTER	TUESDAY TACO TUESDAY 2 Beef Nachos/Cheese Sauce5oz. Romaine Salad /Dressing-1 1/2 Yellow Corn Tortilla Chips-1 oz.	WEDNESDAY 3 Teriyaki Chicken Bites- 4 Green Beans-3/4 c. Whole Grain Bread	THURSDAY 4 All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c.	Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c.	
MONDAY 1 SCHOOL CLOSED FOR WINTER	TUESDAY TACO TUESDAY 2 Beef Nachos/Cheese Sauce5oz. Romaine Salad /Dressing-1 1/2 Yellow Corn Tortilla Chips-1 oz. Peach Applesauce Cup-1/2 c.	WEDNESDAY 3 Teriyaki Chicken Bites- 4 Green Beans-3/4 c. Whole Grain Bread Fresh Apple-1	THURSDAY 4 All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c. Fresh Banana-1	Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c.	

1	TACO TUESDAY 2	၁	4	ا ٥
SCHOOL	Beef Nachos/Cheese Sauce5oz.	Teriyaki Chicken Bites- 4	All Beef Hot Dog on a	Cheese Pizza-1
CLOSED FOR	Romaine Salad /Dressing-1 1/2	Green Beans-3/4 c.	Whole Wheat Hot Dog Bun-1	Romaine Salad w/ Dressing-1 1/2 c.
WINTER	Yellow Corn Tortilla Chips-1 oz.	Whole Grain Bread	French Fries-3/4 c.	Applesauce Cup-1/2 c.
BREAK	Peach Applesauce Cup-1/2 c.	Fresh Apple-1	Fresh Banana-1	Milk-8 oz.
	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	
8	TACO TUESDAY 9	10	1:00PM DISMISSAL 11	12
All Beef Hamburger on a	Chicken Taco's w/ Shredded	Salisbury Steak w/ Gravy-3 oz.	Sliced Chicken and Cheese	Macaroni and Cheese-5 oz.
a Wheat Bun-1	Cheddar Cheese-2	Mashed Potatoes-3/4 c.	on a Whole Grain Potato Bun-1	Broccoli Florets-3/4 c.
Corn-3/4 c.	Sweet Potato Fries-3/4 c.	Diced Peach Cup-1/2 c.	Fresh Baby Carrots w/ Dip-3/4 c.	Mixed Fruit Cup-1/2 c.
Applesauce Cup-1/2 c.	Yellow Corn Tortilla Chips-1 oz.	Wheat Dinner Roll	Fresh Apple-1	Whole Grain Bread
Milk-8 oz.	Pineapple Cup-1/2c./Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.
15	TACO TUESDAY 16	17	BRUNCH 18	19
SCHOOL	Beef Taco's w/ Shredded	Breaded Chicken Patty on a	French Toast Sticks w/ Syrup-4	Cheese Pizza-1
CLOSED FOR	Cheddar Cheese-2	Wheat Bun-1	Beef Sausage Links-3	Romaine Salad w/ Dressing-1 1/2 c.
MLK DAY OF	Black Beans-3/4 c.	Corn-3/4 c.	Fresh Baby Carrots w/ Dip-3/4 c.	Applesauce Cup-1/2 c.
SERVICE	Yellow Corn Tortilla Chips-1 oz.	Fresh Apple-1	Fresh Apple-1	Milk-8 oz.
	Fresh Orange-1/Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	
22	TACO TUESDAY 23	24	25	26
Teriyaki Chicken Bites- 4	Beef Nachos/Cheese Sauce5oz.	Turkey Meatball Sub-1	All Beef Hot Dog on a	Macaroni and Cheese-5 oz.
Green Beans-3/4 c.	Romaine Salad /Dressing-1 1/2	Diced Carrots-3/4 c.	Whole Wheat Hot Dog Bun-1	Broccoli Florets-3/4 c.
Whole Grain Bread	Yellow Corn Tortilla Chips-1 oz.	Fresh Banana-1	French Fries-3/4 c.	Mixed Fruit Cup-1/2 c.
Fresh Apple-1	Peach Applesauce Cup-1/2 c.	Whole Grain Sub Roll-1	Fresh Banana-1	Whole Grain Bread
Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.
29	TACO TUESDAY 30	31		
All Beef Hamburger on a	Chicken Taco's w/ Shredded	Baked Ziti-5 oz.	PLEASE NOTE THAT ALL	
a Wheat Bun-1	Cheddar Cheese-2	Romaine Salad w/ Dressing-1 1/2 c.	1:00PM DISMISSAL DATES	
Corn-3/4 c.	Sweet Potato Fries-3/4 c.	Strawberry Applesauce Cup-1/2 c.	WILL ONLY OFFER	
Applesauce Cup-1/2 c.	Yellow Corn Tortilla Chips-1 oz.	Whole Grain Italian Bread	COLD LUNCH OPTIONS	
Milk-8 oz.	Pineapple Cup-1/2c./Milk-8 oz.	Milk-8 oz.		
WIIIK O OZ.	i incappie cup 1/20./ Willik 0 02.	IVIIIK-O UZ.		

<u>RETURN NO LATER THAN</u>	Hoboken Charter School K-8 Breakfast Menu	Breakfast full price:	\$2.25
MONDAY DECEMBER 11TH	(Menu subject to change by Karson Foods)	Breakfast reduced price:	\$0.30
ANY FORMS SUBMITTED LATE CAN NOT BE	PROCESSED FOR FOR THE 1ST WEEK!!!	Lunch full price:	\$3.75
NAME: Grade	e: January	Lunch reduced price:	\$0.40
Directions: (Please retain a copy of your selections at hor	me) COLD LUNCH	Milk only:	\$0.40
1. Circle which meals your child would like for the mo	nth * Pay	ment MUST accompany your food	order.

^{2.} If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
SCHOOL	Beef Bologna and Cheese	Chicken Salad on Potato Roll-1	Beef Salami and Cheese	Sliced Chicken and Cheese
CLOSED FOR	on Whole Grain Bread-1	Cole Slaw Cup	on Wheat Bun-1	on Whole Grain Bread-1
WINTER	Fresh Broccoli w/ Dip	Fresh Apple-1	Grape Tomato Cup	Black Bean and Corn Salad
BREAK	Fresh Orange-1 / Milk-8oz.	Milk-8 oz.	Fresh Apple-1/Milk-8oz.	Fresh Orange-1 / Milk-8oz.
8	9	10	1:00PM DISMISSAL 11	12
Beef Salami and Cheese	Turkey Ham and Swiss	Tuna Wrap w/ Lettuce	Sliced Chicken and Cheese	Turkey on Wheat Roll-1
on Wheat Bun-1	on a Wheat Bun-1	and Tomato on Wheat Tortilla-1	on a Whole Grain Potato Bun-1	Black Bean and Corn Salad
Grape Tomato Cup	Fresh Baby Carrots w/ Dip	Potato Salad Cup	Fresh Baby Carrots w/ Dip-3/4 c.	Fresh Orange-1
Fresh Apple-1/Milk-8oz.	Fresh Apple-1 / Milk-8 oz.	Fresh Pear-1/Milk-8oz.	Fresh Apple-1/Milk-8oz.	Milk-8 oz.
15	16	17	18	19
SCHOOL	Fresh Turkey Breast on	Chicken Salad on Potato Roll-1	Turkey Ham and Swiss	Sliced Chicken and Cheese
CLOSED FOR	Whole Grain Bread-1	Cole Slaw Cup	on a Wheat Bun-1	on Whole Grain Bread-1
MLK DAY OF	Fresh Broccoli w/ Dip	Fresh Apple-1	Fresh Baby Carrots w/ Dip	Potato Salad Cup
SERVICE	Fresh Orange-1 / Milk-8 oz.	Milk-8 oz.	Fresh Apple-1 / Milk-8 oz.	Fresh Orange-1
22	23	24	25	26
Turkey Breast on a Wheat	Turkey Ham and Swiss	Tuna Wrap w/ Lettuce	Beef Salami and Cheese	Sliced Chicken and Cheese
Bun-1	on a Wheat Bun-1	and Tomato on Wheat Tortilla-1	on Wheat Bun-1	on Whole Grain Bread-1
Fresh Baby Carrots w/ Dip	Fresh Baby Carrots w/ Dip	Potato Salad Cup	Grape Tomato Cup	Potato Salad Cup
Fresh Apple-1	Fresh Apple-1	Fresh Pear-1	Fresh Apple-1	Fresh Orange-1
Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.
29	30	31		
Beef Salami and Cheese	Beef Bologna and Cheese	Chicken Salad on Potato Roll-1		
on Wheat Bun-1	on Whole Grain Bread-1	Cole Slaw Cup		
Grape Tomato Cup	Fresh Broccoli w/ Dip	Fresh Apple-1		
Fresh Apple-1	Fresh Orange-1	Milk-8 oz.		
Milk-8 oz.	Milk-8 oz.			

<u>RETURN NO LATER THAN</u>	Hoboken Charter School K-8 Breakfast Menu	Breakfast full price:	\$2.25
MONDAY DECEMBER 11TH	(Menu subject to change by Karson Foods)	Breakfast reduced price:	\$0.30
ANY FORMS SUBMITTED LATE CAN NOT BE	PROCESSED FOR FOR THE 1ST WEEK!!!	Lunch full price:	\$3.75
NAME: Grad	e: January	Lunch reduced price:	\$0.40
Directions: (Please retain a copy of your selections at ho	me) VEGETARIAN	Milk only:	\$0.40
1. Circle which meals your child would like for the mo	nth * F	Payment MUST accompany your food	order.

^{2.} If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	TACO TUESDAY 2	3	4	5
SCHOOL	Veggie Beef Nachos/Cheese Sauce-5	Veggie Nuggets-3 oz.	Veggie Hot Dog on a	Cheese Pizza-1
CLOSED FOR	oz. Romaine Salad /Dressing-1 1/2 c	Green Beans-3/4 c.	Whole Wheat Hot Dog Bun-1	Romaine Salad w/ Dressing-1 1/2 c.
WINTER	_	Whole Grain Bread	Vegetarian Beans-3/4 c.	Applesauce Cup-1/2 c.
BREAK	Yellow Corn Tortilla Chips-1 oz.	Fresh Apple-1 / Milk-8 oz.	Fresh Banana-1/Milk-8oz.	Milk-8 oz.
BREAK 8	Applesauce Cup-1/2 c. /.Milk-8oz TACO TUESDAY 9	10	1:00PM DISMISSAL 11	12 IVIIIK-8 UZ.
Veggie Burger on a	Veggie Beef Taco's / Shredded	Swedish Veggie Meatballs-3 oz.	American Cheese	Macaroni and Cheese-5 oz.
a Wheat Bun-1	Cheddar Cheese-2	Roasted Potato Medley-3/4 c.	on a Whole Grain Potato Bun-1	Broccoli Florets-3/4 c.
Corn-3/4 c.	Black Beans-3/4 c.	Fresh Banana-1	Fresh Baby Carrots w/ Dip-3/4 c.	Mixed Fruit Cup-1/2 c.
Applesauce Cup-1/2 c.	Yellow Corn Tortilla Chips-1 oz.	Wheat Dinner Roll	Fresh Apple-1	Whole Grain Bread
Milk-8 oz.	Fresh Orange-1/Milk-8 oz.	Milk-8 oz.	Milk-8 oz.	Milk-8 oz.
15	TACO TUESDAY 16	17	18	19
SCHOOL	Veggie Beef Taco's / Shredded	Veggie Nuggets-3 oz.	French Toast Sticks w/ Syrup-4	Cheese Pizza-1
CLOSED FOR	Cheddar Cheese-2	Green Beans-3/4 c.	Hash Brown Patty-1	Romaine Salad w/ Dressing-1 1/2 c.
MLK DAY OF	Black Beans-3/4 c.	Whole Grain Bread	Fresh Baby Carrots w/ Dip-3/4 c.	Applesauce Cup-1/2 c.
SERVICE	Yellow Corn Tortilla Chips-1 oz.	Fresh Apple-1	Fresh Apple-1	Milk-8 oz.
	Fresh Orange-1/Milk-8 oz.	Milk-8 oz.	Cheese Stick-1/Milk-8 oz.	
22	TACO TUESDAY 23	24	25	26
	Veggie Beef Nachos/Cheese Sauce-5			
Veggie Nuggets-3 oz.	oz.	Veggie Meatball Sub-1	Veggie Hot Dog on a	Macaroni and Cheese-5 oz.
Green Beans-3/4 c.	Romaine Salad /Dressing-1 1/2 c	Green Beans-3/4 c.	Whole Wheat Hot Dog Bun-1	Broccoli Florets-3/4 c.
Whole Grain Bread	Yellow Corn Tortilla Chips-1 oz.	Fresh Banana-1	Vegetarian Beans-3/4 c.	Mixed Fruit Cup-1/2 c.
Fresh Apple-1/ Milk-8oz.	Applesauce Cup-1/2 c. /Milk-8oz.	Whole Grain Sub Roll-1/Milk-8oz	Fresh Banana-1/Milk-8oz.	Whole Grain Bread / Milk-8oz.
29		31		
Veggie Burger on a	Veggie Beef Taco's / Shredded	Baked Ziti-5 oz.		
a Wheat Bun-1	Cheddar Cheese-2	Romaine Salad w/ Dressing-1 1/2 c.		
Corn-3/4 c.	Black Beans-3/4 c.	Strawberry Applesauce Cup-1/2 c.		
	Yellow Corn Tortilla Chips-1 oz.	Whole Grain Italian Bread		
Milk-8 oz.	Fresh Orange-1/Milk-8 oz.	Milk-8 oz.		