

**RETURN NO LATER THAN**

Hoboken Charter School K-8 Breakfast Menu

Breakfast full price: \$2.25

**MONDAY NOVEMBER 13TH**

(Menu subject to change by Karson Foods)

Breakfast reduced price: \$0.30

**ANY FORMS SUBMITTED LATE CAN NOT BE PROCESSED FOR THE 1ST WEEK!!!**



Lunch full price: \$3.75

NAME: \_\_\_\_\_

Grade: \_\_\_\_\_

## December BREAKFAST

Lunch reduced price: \$0.40

Directions: (Please retain a copy of your selections at home)

Milk only: \$0.40

1. Circle which meals your child would like for the month

\* Payment **MUST** accompany your food order.

2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Fresh Orange-1 Alpha-Bits Cereal-1 oz. Dino Grahams-2 Milk-8 oz.
<b>4</b> Fresh Pear-1  Cinnamon Toasters Cereal-1 oz. WG Bread / Milk-8oz.	<b>5</b> Fresh Apple-1  Honey Scooters Cereal-1 Strawberry Breakfast Bar-1 Milk-8 oz.	<b>6</b> Fresh Orange-1  Whole Grain Cinnamon Raisin Bagel w/Cream Cheese-1 Milk-8 oz.	<b>7</b> <b>NO AFTERCARE/ACTIVITIES</b> Fresh Orange-1  Fruit Loops Cereal-1 oz. Whole Grain Bread Milk-8 oz.	<b>8</b> Peach Applesauce Cup-1/2 c.  Apple Juice-4 oz. Whole Grain Corn Muffin-2 oz. Graham Crackers-3/Milk-8oz.
<b>11</b> Fresh Apple-1 Apple Breakfast Bar-1 Honey Graham Toasters Cereal-1 oz. / Milk-8oz.	<b>12</b> Fresh Pear-1 W/G Banana Loaf-2 oz. Waffle Grahams-2 Milk-8 oz.	<b>13</b> Fresh Orange-1 Wheat Bagel w/ Cream Cheese-1 Milk-8 oz.	<b>14</b> <b>1:00PM DISMISSAL</b> Fresh Apple-1 Alpha-Bits Cereal-1 oz. Dino Grahams-2 Milk-8 oz.	<b>15</b> Fresh Pear-1 Multigrain Cheerios-1 oz. Bear Grahams-2 Milk-8 oz.
<b>18</b> Fresh Pear-1 Frosted Mini Wheats Cereal-1 oz. Waffle Grahams-2/Milk-8oz	<b>19</b> Fresh Apple-1 W/G Apple Loaf-2 oz. Bear Grahams-2 Milk-8 oz.	<b>20</b> Strawberry Applesauce Cup-1/2 c. Orange Tangerine Juice-4 oz. Whole Grain White Bagel w/ Cream Cheese-1 / Milk-8oz.	<b>21</b> Fresh Apple-1 Apple Breakfast Bar-1 Honey Graham Toasters Cereal-1 oz. / Milk-8oz.	<b>22</b> <b>1:00PM DIS. NO AFTERCARE/ACTIVITIES</b> Fresh Orange-1 W/G Banana Loaf-2 oz. Dino Grahams-2 Milk-8 oz.
<b>25</b> SCHOOL CLOSED FOR WINTER BREAK	<b>26</b> SCHOOL CLOSED FOR WINTER BREAK	<b>27</b> SCHOOL CLOSED FOR WINTER BREAK	<b>28</b> SCHOOL CLOSED FOR WINTER BREAK	<b>29</b> SCHOOL CLOSED FOR WINTER BREAK

**RETURN NO LATER THAN**

**MONDAY NOVEMBER 13TH**

**ANY FORMS SUBMITTED LATE CAN NOT BE PROCESSED FOR THE 1ST WEEK!!!**

NAME: \_\_\_\_\_

Grade: \_\_\_\_\_

Hoboken Charter School K-8 Breakfast Menu

(Menu subject to change by Karson Foods)

**December**

**HOT LUNCH**



Breakfast full price: \$2.25

Breakfast reduced price: \$0.30

Lunch full price: \$3.75

Lunch reduced price: \$0.40

Milk only: \$0.40

Directions: (Please retain a copy of your selections at home)

1. Circle which meals your child would like for the month

\* Payment **MUST** accompany your food order.

2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PLEASE NOTE THAT ALL 1:00PM DISMISSAL DATES WILL ONLY OFFER COLD LUNCH OPTIONS</b>				<b>1</b> Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
<b>4</b> All Beef Hamburger on a a Wheat Bun-1 Corn-3/4 c. Applesauce Cup-1/2 c. Milk-8 oz.	<b>5</b> <b>TACO TUESDAY</b> Chicken Taco's w/ Shredded Cheddar Cheese-2 Sweet Potato Fries-3/4 c. Yellow Corn Tortilla Chips-1 oz. Pineapple Cup-1/2c./Milk-8 oz.	<b>6</b> Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Diced Peach Cup-1/2 c. Wheat Dinner Roll Milk-8 oz.	<b>7</b> <b>NO AFTERCARE/ACTIVITIES</b> Sliced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>8</b> Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread Milk-8 oz.
<b>11</b> Teriyaki Chicken Bites- 4 Green Beans-3/4 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	<b>12</b> <b>TACO TUESDAY</b> Beef Taco's w/ Shredded Cheddar Cheese-2 Black Beans-3/4 c. Yellow Corn Tortilla Chips-1 oz. Fresh Orange-1/Milk-8 oz.	<b>13</b> Breaded Chicken Patty on a Wheat Bun-1 Corn-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>14</b> <b>1:00PM DISMISSAL</b> Turkey Ham and Swiss on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz. Milk-8 oz.	<b>15</b> Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
<b>18</b> Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread Milk-8 oz.	<b>19</b> <b>TACO TUESDAY</b> Beef Nachos/Cheese Sauce5oz. Romaine Salad /Dressing-1 1/2 c. Yellow Corn Tortilla Chips-1 oz. Peach Applesauce Cup-1/2 c. Milk-8 oz.	<b>20</b> Turkey Meatball Sub-1 Diced Carrots-3/4 c. Fresh Banana-1 Whole Grain Sub Roll-1 Milk-8 oz.	<b>21</b> All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c. Fresh Banana-1 Milk-8 oz.	<b>22</b> <b>1:00PM DIS. NO AFTERCARE/ACTIVITIES</b> Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8 oz.
<b>25</b> SCHOOL CLOSED FOR WINTER BREAK	<b>26</b> SCHOOL CLOSED FOR WINTER BREAK	<b>27</b> SCHOOL CLOSED FOR WINTER BREAK	<b>28</b> SCHOOL CLOSED FOR WINTER BREAK	<b>29</b> SCHOOL CLOSED FOR WINTER BREAK

**RETURN NO LATER THAN**

Hoboken Charter School K-8 Breakfast Menu

Breakfast full price: \$2.25

**MONDAY NOVEMBER 13TH**

(Menu subject to change by Karson Foods)

Breakfast reduced price: \$0.30

**ANY FORMS SUBMITTED LATE CAN NOT BE PROCESSED FOR THE 1ST WEEK!!!**



Lunch full price: \$3.75

NAME: \_\_\_\_\_

Grade: \_\_\_\_\_

**December**

Lunch reduced price: \$0.40

Directions: (Please retain a copy of your selections at home)

**COLD LUNCH**

Milk only: \$0.40

1. Circle which meals your child would like for the month

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PLEASE NOTE THAT ALL 1:00PM DISMISSAL DATES WILL ONLY OFFER COLD LUNCH OPTIONS</b>				<b>1</b> Sliced Chicken and Cheese on Whole Grain Bread-1 Black Bean and Corn Salad Fresh Orange-1 / Milk-8oz.
<b>4</b> Beef Salami and Cheese on Wheat Bun-1 Grape Tomato Cup Fresh Apple-1 Milk-8 oz.	<b>5</b> Turkey Ham and Swiss on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz. Milk-8 oz.	<b>6</b> Tuna Wrap w/ Lettuce and Tomato on Wheat Tortilla-1 Potato Salad Cup Fresh Pear-1 Milk-8 oz.	<b>NO AFTERCARE/ACTIVITIES 7</b> Sliced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>8</b> Turkey on Wheat Roll-1 Black Bean and Corn Salad Fresh Orange-1 Milk-8 oz.
<b>11</b> Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz.	<b>12</b> Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz.	<b>13</b> Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz.	<b>1:00PM DISMISSAL 14</b> Turkey Ham and Swiss on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz. Milk-8 oz.	<b>15</b> Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz.
<b>18</b> Turkey Breast on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 Milk-8 oz.	<b>19</b> Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz.	<b>20</b> Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz.	<b>21</b> Beef Salami and Cheese on Wheat Bun-1 Grape Tomato Cup Fresh Apple-1 Milk-8 oz.	<b>1:00PM DIS. NO AFTERCARE/ACTIVITIES 22</b> Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8 oz.
<b>25</b> SCHOOL CLOSED FOR WINTER BREAK	<b>26</b> SCHOOL CLOSED FOR WINTER BREAK	<b>27</b> SCHOOL CLOSED FOR WINTER BREAK	<b>28</b> SCHOOL CLOSED FOR WINTER BREAK	<b>29</b> SCHOOL CLOSED FOR WINTER BREAK

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NAME: \_\_\_\_\_

Grade: \_\_\_\_\_

Hoboken Charter School K-8 Breakfast Menu

(Menu subject to change by Karson Foods)

**December**  
**VEGETARIAN**

Breakfast full price: \$2.25

Breakfast reduced price: \$0.30

Lunch full price: \$3.75

Lunch reduced price: \$0.40

Milk only: \$0.40

Directions: (Please retain a copy of your selections at home)

1. Circle which meals your child would like for the month

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2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>PLEASE NOTE THAT ALL 1:00PM DISMISSAL DATES WILL ONLY OFFER COLD LUNCH OPTIONS</b>				<b>1</b> Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Strawberry Applesauce Cup-1/2 c. Milk-8 oz.
<b>4</b> Veggie Burger on a a Wheat Bun-1 Corn-3/4 c. Applesauce Cup-1/2 c. Milk-8 oz.	<b>TACO TUESDAY 5</b> Veggie Beef Taco's w/ Shred- ded Cheddar Cheese-2 Black Beans-3/4 c. W/G Hard Taco Shells-2 Fresh Orange-1/Milk-8 oz.	<b>6</b> Swedish Veggie Meatballs-3 oz. Roasted Potato Medley-3/4 c. Fresh Banana-1 Wheat Dinner Roll Milk-8 oz.	<b>NO AFTERCARE/ACTIVITIES 7</b> American Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>8</b> Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread Milk-8 oz.
<b>11</b> Veggie Nuggets-3 oz. Green Beans-3/4 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	<b>TACO TUESDAY 12</b> Veggie Beef Taco's w/ Shred- ded Cheddar Cheese-2 Refried Beans-3/4 c. W/G Hard Taco Shells-2 Fresh Apple-1/Milk-8 oz.	<b>13</b> Veggie Nuggets-3 oz. Green Beans-3/4 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	<b>1:00PM DISMISSAL 14</b> American Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1 Milk-8 oz.	<b>15</b> Cheese Pizza-1 Romaine Salad w/ Dressing-1 1/2 c. Strawberry Applesauce Cup-1/2 c. Milk-8 oz.
<b>18</b> Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Mixed Fruit Cup-1/2 c. Whole Grain Bread/Milk-8oz	<b>19</b> Veggie Beef Nachos/Cheese Sauce-5 oz. Romaine Salad /Dressing-1 1/2 c.. Yellow Corn Tortilla Chips-1 oz. Applesauce Cup-1/2 c. /Milk-8oz.	<b>20</b> Veggie Meatball Sub-1 Green Beans-3/4 c. Fresh Banana-1 Whole Grain Sub Roll-1/Milk-8oz	<b>21</b> Veggie Hot Dog on a Whole Wheat Hot Dog Bun-1 Vegetarian Beans-3/4 c. Fresh Banana-1/Milk-8oz.	<b>1:00PM DIS. NO AFTERCARE/ACTIVITIES 22</b> American Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1/Milk-8oz.
<b>25</b> SCHOOL CLOSED FOR WINTER BREAK	<b>26</b> SCHOOL CLOSED FOR WINTER BREAK	<b>27</b> SCHOOL CLOSED FOR WINTER BREAK	<b>28</b> SCHOOL CLOSED FOR WINTER BREAK	<b>29</b> SCHOOL CLOSED FOR WINTER BREAK