| RETURN NO LATER THAN | | Hoboken Charter School K-8 Breakfast Menu | | ast full price: \$2.25 | |
|---|---|--|---|---|--|
| MONDAY NOVEMBER 13TH | | (Menu subject to change by Karson Foods) | | ast reduced price: \$0.30 | |
| ANY FORMS SUBMITTED LATE CAN NOT BE P | | ROCESSED FOR THE 1ST WEEK!!! | | full price: \$3.75 | |
| NAME: Grade: | | December | | reduced price: \$0.40 | |
| Directions: (Please retain a c | copy of your selections at home) | BREAKFAST Milk on | | nly: \$0.40 | |
| 1. Circle which meals your | child would like for the month | | * Payment MU | IST accompany your food order. | |
| 2. If your child wants only | milk, please circle the milk opti | on only per date, and indicate C for cho | ocolate or W for white milk. | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
| | | | | Fresh Orange-1 Alpha-Bits Cereal-1 oz. Dino Grahams-2 Milk-8 oz. | |
| 4 | 5 | 6 | NO AFTERCARE/ACTIVITIES | 7 | |
| Fresh Pear-1 | Fresh Apple-1 | Fresh Orange-1 | Fresh Orange-1 | Peach Applesauce Cup-1/2 c. | |
| Cinnamon Toasters Cereal-1 oz. WG Bread / Milk-8oz. | Honey Scooters Cereal-1 Strawberry Breakfast Bar-1 Milk-8 oz. | Whole Grain Cinnamon Raisin Bagel w/Cream Cheese-1 Milk-8 oz. | Fruit Loops Cereal-1 oz. Whole Grain Bread Milk-8 oz. | Apple Juice-4 oz. Whole Grain Corn Muffin-2 oz. Graham Crackers-3/Milk-8oz. | |
| 11 | 12 | 13 | 1:00PM DISMISSAL | 14 1 | |
| Fresh Apple-1 Apple Breakfast Bar-1 Honey Graham Toasters Cereal-1 oz. / Milk-8oz. | Fresh Pear-1 W/G Banana Loaf-2 oz. Waffle Grahams-2 Milk-8 oz. | Fresh Orange-1 Wheat Bagel w/ Cream Cheese-1 Milk-8 oz. | Fresh Apple-1 Alpha-Bits Cereal-1 oz. Dino Grahams-2 Milk-8 oz. | Fresh Pear-1 Multigrain Cheerios-1 oz. Bear Grahams-2 Milk-8 oz. | |
| 18 | 19 | 20 | | 21 1:00PM DIS. NO AFTERCARE/ACTIVITIES 2 | |
| Fresh Pear-1 Frosted Mini Wheats Cereal-1 oz. Waffle Grahams-2/Milk-8oz | Fresh Apple-1 W/G Apple Loaf-2 oz. Bear Grahams-2 Milk-8 oz. | Strawberry Applesauce Cup-1/2 c. Orange Tangerine Juice-4 oz. Whole Grain White Bagel w/ Cream Cheese-1 / Milk-8oz. | Fresh Apple-1 Apple Breakfast Bar-1 Honey Graham Toasters Cereal-1 oz. / Milk-8oz. | Fresh Orange-1 W/G Banana Loaf-2 oz. Dino Grahams-2 Milk-8 oz. | |
| 25 | | 27 | | 28 2 | |
| SCHOOL CLOSED FOR WINTER BREAK | SCHOOL CLOSED FOR WINTER BREAK | SCHOOL CLOSED FOR WINTER BREAK | SCHOOL CLOSED FOR WINTER BREAK | SCHOOL CLOSED FOR WINTER BREAK | |

| RETURN NO LATER THAN | Hoboken Charter School K-8 Breakfast Menu | Breakfast full price: \$2.25 | |
|--|---|---|--|
| MONDAY NOVEMBER 13TH | (Menu subject to change by Karson Foods) | Breakfast reduced price: \$0.30 | |
| ANY FORMS SUBMITTED LATE CAN NOT BE | C PROCESSED FOR THE 1ST WEEK!!! | Lunch full price: \$3.75 | |
| NAME: Grad | e: December | Lunch reduced price: \$0.40 | |
| Directions: (Please retain a copy of your selections at ho | me) HOT LUNCH | Milk only: \$0.40 | |
| 1. Circle which meals your child would like for the mo | nth | * Payment MUST accompany your food order. | |

2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

| WILL ONLY OFFER COLD LUNCH OPTIONSApplesauce Cup-1/2 c. Milk-8 oz.4TACO TUESDAY 56NO AFTERCARE/ACTIVITIES 7All Beef Hamburger on a a Wheat Bun-1Chicken Taco's w/ ShreddedSalisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c.Sliced Chicken and CheeseMacaroni and Cheese-5 oz. Broccoli Florets-3/4 c.Corn-3/4 c.Sweet Potato Fries-3/4 c.Diced Peach Cup-1/2 c.Fresh Baby Carrots w/ Dip-3/4 c.Mixed Fruit Cup-1/2 c.Applesauce Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Wheat Dinner RollFresh Apple-1Whole Grain BreadMilk-8 oz.Pineapple Cup-1/2c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.1TACO TUESDAY 12Breaded Chicken Patty on a Breaded Chicken Patty on aTurkey Ham and Swiss On a Wheat Bun-1Cheese Pizza-1 Romaine Salad w/ Dressing-11/2 c.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Apple-1Milk-8 oz.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Apple-1Applesauce Cup-1/2 c.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz. | | | | | |
|--|---------------------------|----------------------------------|--------------------------------|----------------------------------|---------------------------------------|
| LoopM DISMISAL DATES WILL ONLY OFFRM COLD LUNCH OPTIONSCheese Piza-1 Romaine Salad w/ Dressing: 1 1/2 (Applesauce Cup-1/2 c. Milk-8 oz.Cheese Piza-1 Romaine Salad w/ Dressing: 1 1/2 (Milk-8 oz.All Beef Hamburger on a Wehat Bun-1Chicken Taco's w/ Shredded Cheddar Cheese-2Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Diced Peach Cup-1/2 c.Silced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c.Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c.All Beef Hamburger on a Winke Roz.Cheddar Cheese-2 Vellow Corn Tortilla Chips-1 oz.Mashed Potatoes-3/4 c. Wheet Dun-1/2 c.Silced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c.Broccoli Florets-3/4 c. Whole Grain BreadMilk-8 oz.Pineapple Cup-1/2 c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Pineapple Cup-1/2 c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Beef Taco's w/ Shredded Breaded Chicken Patty on a Breaded Chicken Patty on a Fresh Apple-1Turkey Ham and Swiss on a Wheat Bun-1 on a Wheat Bun-1Cheese Piza-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c.Milk-8 oz.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Apple-1All Beef Hot Dog on a Silced Chicken and CheeseBack Ranchos/Cheese SauceSoz.Turkey MeatBall Sub-1 Diced Carrots-3/4 c.All Be | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1:00PM DISMISSAL DATES WILL ONLY OFFER COLD LUNCH OPTIONSCheese Pizza-1 Romaine Salad w/ Dressing: 1 1/2 (Milk-8 oz.Cheese Pizza-1 Romaine Salad w/ Dressing: 1 1/2 (Milk-8 oz.All Beef Hamburger on a a Wheat Bun-1Chcken Taco's w/ Shredded Cheddar Cheese-26NO AFTERCARE/ACTIVITIES 7 Siliced Chicken and CheeseMacaroni and Cheese-5 oz. Broccoli Florets-3/4 c.All Beef Hamburger on a a Wheat Bun-1Chcken Taco's w/ Shredded Cheddar Cheese-2Salisbury Steak w/ Gravy-3 oz.Siliced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c.Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c.Applesauce Cup-1/2 c. Wilk-8 oz.Sweet Potato Fries-3/4 c.Diced Peach Cup-1/2 c.Fresh Apple-1Milk-8 oz.Pineapple Cup-1/2 c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Pineapple Cup-1/2 c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Beef Taco's w/ Shredded Breaded Chicken Patty on a Breaded Chicken Patty on a Presh Apple-1Turkey Ham and Swiss on a Wheat Bun-1 on a Wheat Bun-1 Romaine Salad w/ Dressing-1 1/2 c Milk-8 oz.Applesauce Cup-1/2 c.Milk-8 oz.Fresh Apple-1 Presh Apple-1Fresh Apple-1 Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Apple-1All Beef Hot Dog on a Silced Chicken and Cheese Silced Chicken and Cheese Presh Apple-1Silced Chicken and Chee | | | | | |
| WILL ONLY OFFER COLD LUNCH OPTIONSNameRemain Salad w/ Dressing-11/2 A Applesauce Cup-1/2 C. Milk-8 oz.4TACO TUESDAY5All Beef Hamburger on a a Wheat Bun-1Chicken Taco's w/ Shredded Cheddar Cheese-2Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c.Siced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Apple-1Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c.Applesauce Cup-1/2 C. Milk-8 oz.Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c.Siced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Apple-1Broccoli Florets-3/4 c. Milk-8 oz.41TACO TUESDAY12Milk-8 oz.Breaded Chicken Patty on a Milk-8 oz.Breaded Chicken Patty on a Or a Wheat Bun-1Breaded Chicken Patty on a On a Wheat Bun-1Milk-8 oz.41TACO TUESDAY12Breaded Chicken Patty on a Wheat Bun-1Turkey Ham and Swiss On a Wheat Bun-1Cheese Pizza-1 Romaine Salad w/ Dressing-11/2 (Applesauce Cup-1/2 c.41TACO TUESDAY12Fresh Apple-1Fresh Baby Carrots w/ Dip Apple-1Romaine Salad w/ Dressing-11/2 (Applesauce Cup-1/2 c.41TACO TUESDAY12Corn-3/4 c.Fresh Apple-1Romaine Salad w/ Dressing-11/2 (Applesauce Cup-1/2 c.41TACO TUESDAY12Fresh Apple-1Fresh Apple-1Romaine Salad w/ Dressing-11/2 (Applesauce Cup-1/2 c.42Beef Nachos/Cheese Sauce5oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.43TACO TUESDAY12Diced Carrots-3/4 c.Milk-8 oz.Sicied Chicken and Chees | | | | | Cheese Pizza-1 |
| COLD LUNCH OPTIONSApplesauce Cup-1/2 c. Milk-8 oz.Applesauce Cup-1/2 c. Milk-8 oz.Applesauce Cup-1/2 c. Milk-8 oz.Applesauce Cup-1/2 c. Milk-8 oz.Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Fresh Apple-1Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Milk-8 oz.Macaroni and Cheese-5 Broccoli Florets-3/4 c. Milk-8 oz.Macaroni and Cheese-5 Broccoli Florets-3/4 c. Milk-8 oz.Macaroni and Cheese-6 Breaded Chicken Patty on a Milk-8 oz.Macaroni and Cheese-6 Breaded Chicken Patty on a Milk-8 oz.Macaroni and Cheese-6 Broccoli Florets-3/4 c. Fresh Apple-1Milk-8 oz.Milk-8 oz.11TACO TUESDAY12Corn-3/4 c. Corn-3/4 c. Fresh Apple-1Truckey Ham and Swiss On a Wheat Bun-1 Fresh Apple-1 / Milk-8 oz.Cheese Pizza-1 Romaine Salad // Dressing-1 1/2 c. Milk-8 oz.Romaine Salad // Dressing-1 1/2 c. Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.11TACO TUESDAY19COCorn-3/4 c. Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Romaine Salad // Dressing-1 1/2 c. Milk-8 oz.Romaine Salad // Dressing-1 1/2 c. Milk-8 oz.Milk-8 oz.Milk-8 oz.SchoolSchool | | | | | Romaine Salad w/ Dressing-1 1/2 c. |
| Milk-8 02. Milk-8 02. All Beef Hamburger on a a Wheat Bun-1 Chicken Taco's w/ Shredded Cheddar Cheese-2 Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c. Siliced Chicken and Cheese on a Whole Grain Potato Bun-1 Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Applesauce Cup-1/2 c. Milk-8 oz. Yellow Corn Tortilla Chips-1 oz. Pineapple Cup-1/2 c./Milk-8 oz. Milk-8 | | | | | Applesauce Cup-1/2 c. |
| All Beef Hamburger on a a Wheat Bun-1Chicken Taco's w/ Shredded Cheddar Cheese-2Salisbury Steak w/ Gravy-3 oz. Mashed Potatoes-3/4 c.Siliced Chicken and Cheese on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-3/4 c.Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c.Aplesauce Cup-1/2 c. Milk-8 oz.Sweet Potato Fries-3/4 c. Pineapple Cup-1/2 c. Milk-8 oz.Diced Peach Cup-1/2 c. Wheat Dinner RollFresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1Mixed Fruit Cup-1/2 c. Whole Grain Bread11TACO TUESDAY12 Beef Taco's w/ ShreddedBreaded Chicken Patty on a Wheat Bun-1Turkey Ham and Swiss on a Whoat Bun-1Milk-8 oz.12Teriyaki Chicken Bites-4 Green Beans-3/4 c.Beef Taco's w/ Shredded Cheddar Cheese-2Breaded Chicken Patty on a Wheat Bun-1Turkey Ham and Swiss on a Wheat Bun-1Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.13TACO TUESDAY12 Presh Apple-1Fresh Apple-1Milk-8 oz.Milk-8 oz.14TACO TUESDAY12 | COLD LUNCH OPTIONS | | | | Milk-8 oz. |
| a Wheat Bun-1 Corn-3/4 c.Cheddar Cheese-2Mashed Potatoes-3/4 c.on a Whole Grain Potato Bun-1Broccoli Florets-3/4 c.Corn-3/4 c.Sweet Potato Fries-3/4 c.Diced Peach Cup-1/2 c.Fresh Baby Carrots w/ Dip-3/4 c.Mixed Fruit Cup-1/2 c.Applesauce Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Wheat Dinner RollFresh Apple-1Whole Grain BreadMilk-8 oz.Diced Peach Cup-1/2 c.Milk-8 oz.Milk-8 oz.Milk-8 oz.1TACO TUESDAY12131:00PM DISMISSAL14Teriyaki Chicken Bites-4Beef Taco's w/ ShreddedBreaded Chicken Patty on aTurkey Ham and SwissCheese Pizza-1Green Beans-3/4 c.Cheddar Cheese-2Wheat Bun-1on a Wheat Bun-1Romaine Salad w/ Dressing-1 1/2 c.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Apple-1Milk-8 oz.Milk-8 oz.Fresh Apple-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Apple-1Milk-8 oz.Silced Chicken and CheeseMilk-8 oz.Milk-8 oz. | 4 | TACO TUESDAY 5 | e | NO AFTERCARE/ACTIVITIES 7 | |
| Corn-3/4 c. Applesauce Cup-1/2 c.Sweet Potato Fries-3/4 c. Yellow Corn Tortilla Chips-1 oz.Diced Peach Cup-1/2 c. Wheat Dinner RollFresh Baby Carrots w/ Dip-3/4 c. Fresh Apple-1Mixed Fruit Cup-1/2 c. Whole Grain BreadMilk-8 oz.Pineapple Cup-1/2c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.11TACO TUESDAY12Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.12Tarcio Tutila Chips-1 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.14TACO TUESDAY12Breaded Chicken Patty on a Whole Grain Bread1100PM DISINISSAL14Teriyaki Chicken Bites-4Beef Taco's w/ ShreddedBreaded Chicken Patty on a Whole Grain BreadTurkey Ham and Swiss Oron-3/4 c.Cheese Pizza-1 Romaine Salad w/ Dressing-11/2 c Milk-8 oz.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Apple-1Nilk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Turkey Meatball Sub-1All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1Silced Chicken and Cheese a on Whole Grain Bread-1Mixed Fruit Cup-1/2 c.Beef Achorycheese SauceSoz. Beef Nachos/Cheese SauceSoz.Fresh Banana-1Fresh Banana-1Fresh Orange-1Miked Fruit Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1Fresh Banana-1Fresh Orange | All Beef Hamburger on a | Chicken Taco's w/ Shredded | Salisbury Steak w/ Gravy-3 oz. | Sliced Chicken and Cheese | Macaroni and Cheese-5 oz. |
| Applesauce Cup-1/2 c. Milk-8 oz.Yellow Corn Tortilla Chips-1 oz. Pineapple Cup-1/2c./Milk-8 oz.Wheat Dinner Roll Milk-8 oz.Fresh Apple-1Whole Grain Bread11TACO TUESDAY TACO TUESDAY Green Beans-3/4 c.121:00PM DISMISSAL Turkey Ham and Swiss14Teriyaki Chicken Bites-4 Green Beans-3/4 c.Beef Taco's w/ Shredded Cheddar Cheese-2Breaded Chicken Patty on a Wheat Bun-1Turkey Ham and Swiss on a Wheat Bun-1Romaine Salad w/ Dressing-11/2 c. Applesauce Cup-1/2 c. Milk-8 oz.Whole Grain Bread Milk-8 oz.Black Beans-3/4 c.Corn-3/4 c.Fresh Apple-1Romaine Salad w/ Dressing-11/2 c. Milk-8 oz.Whole Grain Bread Milk-8 oz.Black Beans-3/4 c.Corn-3/4 c.Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Macaroni and Cheese-5 oz.Beef Nachos/Cheese Sauce5oz. Romaine Salad /Dressing-11/2 c.Turkey Meatball Sub-1All Beef Hot Dog on a Sliced Chicken and Cheese-1Mixed Fruit Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1French Fries-3/4 c.Potato Salad CupWhole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Orange-1Mike B oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Mike B oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Mike B oz.Milk-8 oz. <td>a Wheat Bun-1</td> <td>Cheddar Cheese-2</td> <td>Mashed Potatoes-3/4 c.</td> <td>on a Whole Grain Potato Bun-1</td> <td>Broccoli Florets-3/4 c.</td> | a Wheat Bun-1 | Cheddar Cheese-2 | Mashed Potatoes-3/4 c. | on a Whole Grain Potato Bun-1 | Broccoli Florets-3/4 c. |
| Milk-8 oz.Pineapple Cup-1/2c./Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.11TACO TUESDAY 12Breaded Chicken Patty on aTurkey Ham and SwissCheese Pizza-1Green Beans-3/4 c.Cheddar Cheese-2Wheat Bun-1on a Wheat Bun-1Romaine Salad w/ Dressing-11/2 c.Whole Grain BreadBlack Beans-3/4 c.Corm-3/4 c.Fresh Apple-1 / Milk-8 oz.Applesauce Cup-1/2 c.Fresh Apple-1Yellow Corn Tortilla Chips-1 oz.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Applesauce Cup-1/2 c.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Macaroni and Cheese-5 oz.Beef Nachos/Cheese Sauce5oz.Turkey Meatball Sub-1All Beef Hot Dog on aSliced Chicken and CheeseBroccoli Florets-3/4 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1Fresh Banana-1Fresh Orange-1Mike Grain BreadPeach Applesauce Cup-1/2 c.Diced Carrots-3/4 c.Whole Wheat Hot Dog Bun-1on Whole Grain Bread-1Mike Boz.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1Fresh Banana-1Fresh Orange-1Mike Boz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Whole Grain BreadMilk-8 oz.Milk-8 oz.Milk-8 oz.On Whole Grain Sub Roll-1Mike Boz.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1Fresh Banana-1Fresh Orange-1Mike Boz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.On Whole Grain Bread-1Mike Boz.Milk-8 oz.Milk-8 oz.Milk-8 oz.M | Corn-3/4 c. | Sweet Potato Fries-3/4 c. | Diced Peach Cup-1/2 c. | Fresh Baby Carrots w/ Dip-3/4 c. | Mixed Fruit Cup-1/2 c. |
| 11TACO TUESDAY12131:00PM DISMISSAL14Teriyaki Chicken Bites-4Beef Taco's w/ ShreddedBreaded Chicken Patty on aTurkey Ham and SwissCheese Pizza-1Green Beans-3/4 c.Cheddar Cheese-2Wheat Bun-1Turkey Ham and SwissOn a Wheat Bun-1Romaine Salad w/ Dressing-1 1/2 c.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Applesauce Cup-1/2 c.Milk-8 oz.Yellow Corn Tortilla Chips-1 oz.Fresh Apple-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.TACO TUESDAY1920211:00PM DIS. NO AFTERCARE/ACTIVITIESMacaroni and Cheese-5 oz.Beef Nachos/Cheese Sauce5oz.Turkey Meatball Sub-1All Beef Hot Dog on aSliced Chicken and CheeseBroccoli Florets-3/4 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1Fresh Banana-1Sliced Chicken and CheeseMike Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Banana-1Milk-8 oz.Milk-8 ozCord SCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORCLOSED FOR </td <td>Applesauce Cup-1/2 c.</td> <td>Yellow Corn Tortilla Chips-1 oz.</td> <td>Wheat Dinner Roll</td> <td>Fresh Apple-1</td> <td>Whole Grain Bread</td> | Applesauce Cup-1/2 c. | Yellow Corn Tortilla Chips-1 oz. | Wheat Dinner Roll | Fresh Apple-1 | Whole Grain Bread |
| Teriyaki Chicken Bites-4Beef Taco's w/ ShreddedBreaded Chicken Patty on aTurkey Ham and SwissCheese Pizza-1Green Beans-3/4 c.Cheddar Cheese-2Wheat Bun-1on a Wheat Bun-1Romaine Salad w/ Dressing-11/2 c.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Baby Carrots w/ DipApplesauce Cup-1/2 c.Fresh Apple-1Yellow Corn Tortilla Chips-1 oz.Fresh Apple-1Fresh Apple-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Macaroni and Cheese-5 oz.Beef Nachos/Cheese Sauce5oz.Turkey Meatball Sub-1All Beef Hot Dog on aSliced Chicken and CheeseBroccoli Florets-3/4 c.Komaine Salad /Dressing-11/2 c.Diced Carrots-3/4 c.Whole Wheat Hot Dog Bun-1on Whole Grain Bread-1Mike Bruit Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1French Fries-3/4 c.Potato Salad CupWhole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Orange-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Whole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Granga-1Milk-8 oz.Milk-8 oz. </td <td>Milk-8 oz.</td> <td>Pineapple Cup-1/2c./Milk-8 oz.</td> <td>Milk-8 oz.</td> <td>Milk-8 oz.</td> <td>Milk-8 oz.</td> | Milk-8 oz. | Pineapple Cup-1/2c./Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | Milk-8 oz. |
| Green Beans-3/4 c.Cheddar Cheese-2Wheat Bun-1on a Wheat Bun-1Romaine Salad w/ Dressing-11/2 of Applesauce Cup-1/2 c.Whole Grain BreadBlack Beans-3/4 c.Corn-3/4 c.Fresh Baby Carrots w/ DipApplesauce Cup-1/2 c.Fresh Apple-1Yellow Corn Tortilla Chips-1 oz.Fresh Apple-1Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Bef Nachos/Cheese SauceSoz.Turkey Meatball Sub-1All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1Sliced Chicken and CheeseBroccoli Florets-3/4 c.Romaine Salad / Dressing-1 1/2 c.Diced Carrots-3/4 c.Whole Wheat Hot Dog Bun-1on Whole Grain Bread-1Miked Fruit Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1French Fries-3/4 c.Potato Salad CupWhole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Orange-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Whole Grain BreadSCHOOLSCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORCLOSED FORCLOSED FORWINTERWINTERWINTERWINTERWINTERWINTER | 11 | TACO TUESDAY 12 | 13 | 1:00PM DISMISSAL 14 | 1 |
| Whole Grain Bread Fresh Apple-1 Milk-8 oz.Black Beans-3/4 c. Yellow Corn Tortilla Chips-1 oz. Fresh Apple-1 Milk-8 oz.Corn-3/4 c. Fresh Apple-1 Fresh Apple-1 Milk-8 oz.Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz.Applesauce Cup-1/2 c. Milk-8 oz.Milk-8 oz.Yellow Corn Tortilla Chips-1 oz. Fresh Orange-1/Milk-8 oz.Fresh Apple-1 Milk-8 oz.Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz.Applesauce Cup-1/2 c. Milk-8 oz.Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Miked Fruit Cup-1/2 c.TACO TUESDAY19 Doced Carrots-3/4 c. Fresh Banana-1All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c.Sliced Chicken and Cheese On Whole Grain Bread-1 Potato Salad CupWhole Grain Bread Milk-8 oz.Peach Applesauce Cup-1/2 c. Milk-8 oz.Whole Grain Sub Roll-1 Milk-8 oz.Fresh Banana-1 Fresh Banana-1Fresh Orange-1 Fresh Banana-1Milk-8 oz.Milk-8 oz.SCHOOL CLOSE | Teriyaki Chicken Bites- 4 | Beef Taco's w/ Shredded | Breaded Chicken Patty on a | Turkey Ham and Swiss | Cheese Pizza-1 |
| Fresh Apple-1 Milk-8 oz.Yellow Corn Tortilla Chips-1 oz. Fresh Orange-1/Milk-8 oz.Fresh Apple-1 Milk-8 oz.Fresh Apple-1 / Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c.Beef Nachos/Cheese Sauce5oz.Turkey Meatball Sub-1 Diced Carrots-3/4 c.All Beef Hot Dog on aSliced Chicken and Cheese Sliced Chicken and CheeseMacaroni and Cheese-5 oz. Broccoli Florets-3/4 c.Peach Applesauce Cup-1/2 c.Diced Carrots-3/4 c.Whole Wheat Hot Dog Bun-1On Whole Grain Bread-1Mixed Fruit Cup-1/2 c. Whole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Sanana-1Fresh Orange-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.SchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL WINTERWINTERWINTER | Green Beans-3/4 c. | Cheddar Cheese-2 | Wheat Bun-1 | on a Wheat Bun-1 | Romaine Salad w/ Dressing-1 1/2 c. |
| Milk-8 oz.Fresh Orange-1/Milk-8 oz.Milk-8 oz.Milk-8 oz.100PM DIS. NO AFTERCARE/ACTIVITIESMacaroni and Cheese-5 oz.Beef Nachos/Cheese Sauce5oz.Turkey Meatball Sub-1All Beef Hot Dog on aSliced Chicken and CheeseBroccoli Florets-3/4 c.Romaine Salad /Dressing-1 1/2 c.Diced Carrots-3/4 c.Whole Wheat Hot Dog Bun-1on Whole Grain Bread-1Mixed Fruit Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1French Fries-3/4 c.Potato Salad CupWhole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Orange-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.SCHOOLSCHOOLSCHOOLSCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORCLOSED FORCLOSED FORCLOSED FORWINTERWINTERWINTERWINTERWINTERWINTER | Whole Grain Bread | Black Beans-3/4 c. | Corn-3/4 c. | Fresh Baby Carrots w/ Dip | Applesauce Cup-1/2 c. |
| Notice of the section of the sectio | Fresh Apple-1 | Yellow Corn Tortilla Chips-1 oz. | Fresh Apple-1 | Fresh Apple-1 / Milk-8 oz. | Milk-8 oz. |
| Macaroni and Cheese-5 oz. Broccoli Florets-3/4 c. Mixed Fruit Cup-1/2 c.Beef Nachos/Cheese Sauce5oz. Nomaine Salad /Dressing-11/2 c. Yellow Corn Tortilla Chips-1 oz.Turkey Meatball Sub-1 Diced Carrots-3/4 c. Fresh Banana-1All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c.Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad CupWhole Grain Bread Milk-8 oz.Yellow Corn Tortilla Chips-1 oz. Peach Applesauce Cup-1/2 c. Milk-8 oz.Turkey Meatball Sub-1 Diced Carrots-3/4 c.All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 French Fries-3/4 c.Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad CupWhole Grain Bread Milk-8 oz.Peach Applesauce Cup-1/2 c. Milk-8 oz.Whole Grain Sub Roll-1 Milk-8 oz.All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Fresh Banana-1Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad CupSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL CLOSED FORSchOOL WINTERWINTERWINTERWINTERWINTERWINTER | Milk-8 oz. | Fresh Orange-1/Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | |
| Broccoli Florets-3/4 c.Romaine Salad /Dressing-11/2 c.Diced Carrots-3/4 c.Whole Wheat Hot Dog Bun-1on Whole Grain Bread-1Mixed Fruit Cup-1/2 c.Yellow Corn Tortilla Chips-1 oz.Fresh Banana-1French Fries-3/4 c.Potato Salad CupWhole Grain BreadPeach Applesauce Cup-1/2 c.Whole Grain Sub Roll-1Fresh Banana-1Fresh Orange-1Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.SCHOOLSCHOOLSCHOOLSCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORCLOSED FORCLOSED FORWINTERWINTERWINTERWINTERWINTER | 18 | TACO TUESDAY 19 | 20 | 21 | 1:00PM DIS. NO AFTERCARE/ACTIVITIES 2 |
| Mixed Fruit Cup-1/2 c. Whole Grain BreadYellow Corn Tortilla Chips-1 oz. Peach Applesauce Cup-1/2 c. Milk-8 oz.Fresh Banana-1French Fries-3/4 c. Fresh Banana-1Potato Salad Cup Fresh Orange-1Milk-8 oz.Milk-8 oz.Whole Grain Sub Roll-1 Milk-8 oz.Fresh Banana-1Fresh Orange-1 Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.SCHOOL CLOSED FOR WINTERSCHOOL CLOSED FOR WINTERSCHOOL CLOSED FOR WINTERSCHOOL CLOSED FOR WINTERSCHOOL CLOSED FOR WINTERSCHOOL CLOSED FOR WINTERSCHOOL CLOSED FOR WINTER | Macaroni and Cheese-5 oz. | Beef Nachos/Cheese Sauce5oz. | Turkey Meatball Sub-1 | All Beef Hot Dog on a | Sliced Chicken and Cheese |
| Whole Grain Bread Milk-8 oz.Peach Applesauce Cup-1/2 c. Milk-8 oz.Whole Grain Sub Roll-1 Milk-8 oz.Fresh Banana-1 Milk-8 oz.Fresh Orange-1 Milk-8 oz.DescriptionMilk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.SCHOOL CLOSED FORSCHOOL CLOSED FORSCHOOL CLOSED FORSCHOOL CLOSED FORSCHOOL CLOSED FORSCHOOL CLOSED FORWINTERWINTERWINTERWINTERWINTER | Broccoli Florets-3/4 c. | Romaine Salad /Dressing-1 1/2 c. | Diced Carrots-3/4 c. | Whole Wheat Hot Dog Bun-1 | on Whole Grain Bread-1 |
| Milk-8 oz.Milk-8 oz.Milk-8 oz.Milk-8 oz.25262728SCHOOLSCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORCLOSED FORWINTERWINTERWINTERWINTER | Mixed Fruit Cup-1/2 c. | Yellow Corn Tortilla Chips-1 oz. | Fresh Banana-1 | French Fries-3/4 c. | Potato Salad Cup |
| 25262728SCHOOLSCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORSCHOOLWINTERWINTERWINTERWINTERWINTER | Whole Grain Bread | Peach Applesauce Cup-1/2 c. | Whole Grain Sub Roll-1 | Fresh Banana-1 | Fresh Orange-1 |
| SCHOOLSCHOOLSCHOOLSCHOOLCLOSED FORCLOSED FORCLOSED FORCLOSED FORWINTERWINTERWINTERWINTERWINTER | Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | Milk-8 oz. |
| CLOSED FOR CLOSED FOR CLOSED FOR CLOSED FOR WINTER WINTER WINTER WINTER | 25 | 26 | 27 | 28 | 2 |
| WINTER WINTER WINTER WINTER | SCHOOL | SCHOOL | SCHOOL | SCHOOL | SCHOOL |
| | CLOSED FOR | CLOSED FOR | CLOSED FOR | CLOSED FOR | CLOSED FOR |
| BREAK BREAK BREAK BREAK BREAK | WINTER | WINTER | WINTER | WINTER | WINTER |
| | BREAK | BREAK | BREAK | BREAK | BREAK |
| | | | | | |

| RETURN NO LATER 7 | FHAN F | Hoboken Charter School K-8 Breakfast M | enu Breakfast f | full price: \$2.25 |
|---|---|--|--|--|
| MONDAY NOVEM | BER 13TH | (Menu subject to change by Karson Food | ds) Breakfast r | reduced price: \$0.30 |
| ANY FORMS SUBMITT | ED LATE CAN NOT BE PR | OCESSED FOR THE 1ST WEEK! | !! Lunch full | price: \$3.75 |
| NAME: Grade: | | Decembe | er Lunch redu | aced price: \$0.40 |
| Directions: (Please retain a | copy of your selections at home) | COLD LUNC | H Milk only: | \$0.40 |
| × | | | - | |
| | child would like for the month | | • | accompany your food order. |
| 2. If your child wants only | milk, please circle the milk opti- | on only per date, and indicate C for cho | ocolate or W for white milk. | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| PLEASE NOTE THAT ALL 1:00PM DISMISSAL DATES WILL ONLY OFFER COLD LUNCH OPTIONS | | | | Sliced Chicken and Cheese on Whole Grain Bread-1 Black Bean and Corn Salad Fresh Orange-1 / Milk-8oz. |
| 4 | 5 | 6 | NO AFTERCARE/ACTIVITIES 7 | |
| Beef Salami and Cheese | Turkey Ham and Swiss | Tuna Wrap w/ Lettuce | Sliced Chicken and Cheese | Turkey on Wheat Roll-1 |
| on Wheat Bun-1 | on a Wheat Bun-1 | and Tomato on Wheat Tortilla-1 | | |
| Grape Tomato Cup | Fresh Baby Carrots w/ Dip | Potato Salad Cup Fresh Baby Carrots w/ Dip-3/4 c. | | Fresh Orange-1 |
| Fresh Apple-1 | Fresh Apple-1 / Milk-8 oz. | Fresh Pear-1 Fresh Apple-1 | | Milk-8 oz. |
| Milk-8 oz. | | | | |
| | Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | |
| 11 | Milk-8 oz. 12 | Milk-8 oz. 13 | Milk-8 oz. 1:00PM DISMISSAL 14 | |
| | | | | Sliced Chicken and Cheese |
| | 12 | 13 | 1:00PM DISMISSAL 14 | Sliced Chicken and Cheese on Whole Grain Bread-1 |
| Beef Bologna and Cheese | 12 Fresh Turkey Breast on | 13 Chicken Salad on Potato Roll-1 | 1:00PM DISMISSAL 14 Turkey Ham and Swiss | |
| Beef Bologna and Cheese on Whole Grain Bread-1 | 12 Fresh Turkey Breast on Whole Grain Bread-1 | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup | 1:00PM DISMISSAL 14 Turkey Ham and Swiss on a Wheat Bun-1 | on Whole Grain Bread-1 |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 | 1:00PM DISMISSAL 14 Turkey Ham and Swiss on a Wheat Bun-1 Fresh Baby Carrots w/ Dip | on Whole Grain Bread-1 Potato Salad Cup |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 | 1:00PM DISMISSAL 14 Turkey Ham and Swiss on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz. | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. | 1:00PM DISMISSAL 14 Turkey Ham and Swiss on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 / Milk-8 oz. Milk-8 oz. | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 | 1:00PM DISMISSAL14Turkey Ham and Swiss on a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz. Milk-8 oz.21 | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 | 1:00PM DISMISSAL14Turkey Ham and Swiss0n a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Milk-8 oz.21Beef Salami and Cheese | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese on Whole Grain Bread-1 | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 Cole Slaw Cup | 1:00PM DISMISSAL14Turkey Ham and Swisson a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Milk-8 oz.0Beef Salami and Cheeseon Wheat Bun-1 | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese on Whole Grain Bread-1 |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 Fresh Baby Carrots w/ Dip | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 | 1:00PM DISMISSAL14Turkey Ham and Swisson a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Milk-8 oz.21Beef Salami and Cheeseon Wheat Bun-1Grape Tomato Cup | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 | 1:00PM DISMISSAL14Turkey Ham and Swisson a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Milk-8 oz.21Beef Salami and Cheeseon Wheat Bun-1Grape Tomato CupFresh Apple-1 | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 Milk-8 oz. | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. | 1:00PM DISMISSAL14Turkey Ham and Swisson a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Milk-8 oz.21Beef Salami and Cheeseon Wheat Bun-1Grape Tomato CupFresh Apple-1Milk-8 oz. | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 Milk-8 oz. 25 | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 26 | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 27 | 1:00PM DISMISSAL14Turkey Ham and Swisson a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Fresh Apple-1 / Milk-8 oz.21Beef Salami and Cheeseon Wheat Bun-1Grape Tomato CupFresh Apple-1Milk-8 oz.28 | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8 oz. |
| Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 18 Turkey Breast on a Wheat Bun-1 Fresh Baby Carrots w/ Dip Fresh Apple-1 Milk-8 oz. 25 SCHOOL | 12 Fresh Turkey Breast on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 / Milk-8 oz. Milk-8 oz. 19 Beef Bologna and Cheese on Whole Grain Bread-1 Fresh Broccoli w/ Dip Fresh Orange-1 Milk-8 oz. 26 SCHOOL | 13 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 20 Chicken Salad on Potato Roll-1 Cole Slaw Cup Fresh Apple-1 Milk-8 oz. 27 SCHOOL | 1:00PM DISMISSAL14Turkey Ham and Swisson a Wheat Bun-1Fresh Baby Carrots w/ DipFresh Apple-1 / Milk-8 oz.Milk-8 oz.21Beef Salami and Cheeseon Wheat Bun-1Grape Tomato CupFresh Apple-1Milk-8 oz.28SCHOOL | on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8oz. 1:00PM DIS. NO AFTERCARE/ACTIVITIE Sliced Chicken and Cheese on Whole Grain Bread-1 Potato Salad Cup Fresh Orange-1 Milk-8 oz. |

| 1. Circle which meals your child would like for th | e month | | * Pay | ment MUST accompany your | food order. |
|--|----------------|--------------------------------|-------|--------------------------|-------------|
| Directions: (Please retain a copy of your selections | at home) | VEGETARIAN | | Milk only: | \$0.40 |
| NAME: | Grade: | December | | Lunch reduced price: | \$0.40 |
| ANY FORMS SUBMITTED LATE CAN NO | Г BE PROCESSED | FOR THE 1ST WEEK!!! | | Lunch full price: | \$3.75 |
| MONDAY NOVEMBER 13TH | (Menu subje | ect to change by Karson Foods) | | Breakfast reduced price: | \$0.30 |
| RETURN NO LATER THAN | Hoboken Cha | rter School K-8 Breakfast Menu | | Breakfast full price: | \$2.25 |

2. If your child wants only milk, please circle the milk option only per date, and indicate C for chocolate or W for white milk.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|--|---------------------------------|----------------------------------|--|
| PLEASE NOTE THAT ALL | | | | 1 |
| 1:00PM DISMISSAL DATES | | | | Cheese Pizza-1 |
| | | | | Romaine Salad w/ Dressing-1 1/2 c. |
| WILL ONLY OFFER COLD LUNCH OPTIONS | | | | Strawberry Applesauce Cup-1/2 c. |
| COLD LONCH OPTIONS | | | | Milk-8 oz. |
| 4 | TACO TUESDAY 5 | 6 | NO AFTERCARE/ACTIVITIES 7 | 8 |
| | Veggie Beef Taco's w/ Shred- | | | |
| Veggie Burger on a | ded | Swedish Veggie Meatballs-3 oz. | American Cheese | Macaroni and Cheese-5 oz. |
| a Wheat Bun-1 | Cheddar Cheese-2 | Roasted Potato Medley-3/4 c. | on a Whole Grain Potato Bun-1 | Broccoli Florets-3/4 c. |
| Corn-3/4 c. | Black Beans-3/4 c. | Fresh Banana-1 | Fresh Baby Carrots w/ Dip-3/4 c. | Mixed Fruit Cup-1/2 c. |
| Applesauce Cup-1/2 c. | W/G Hard Taco Shells-2 | Wheat Dinner Roll | Fresh Apple-1 | Whole Grain Bread |
| Milk-8 oz. | Fresh Orange-1/Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | Milk-8 oz. |
| 11 | TACO TUESDAY 12 | 13 | 1:00PM DISMISSAL 14 | 15 |
| | Veggie Beef Taco's w/ Shred- | | | |
| Veggie Nuggets-3 oz. | ded | Veggie Nuggets-3 oz. | American Cheese | Cheese Pizza-1 |
| Green Beans-3/4 c. | Cheddar Cheese-2 | Green Beans-3/4 c. | on a Whole Grain Potato Bun-1 | Romaine Salad w/ Dressing-1 1/2 c. |
| Whole Grain Bread | Refried Beans-3/4 c. | Whole Grain Bread | Fresh Baby Carrots w/ Dip-3/4 c. | Strawberry Applesauce Cup-1/2 c. |
| Fresh Apple-1 | W/G Hard Taco Shells-2 | Fresh Apple-1 | Fresh Apple-1 | Milk-8 oz. |
| Milk-8 oz. | Fresh Apple-1/Milk-8 oz. | Milk-8 oz. | Milk-8 oz. | |
| 18 | 19 | 20 | 21 | 1:00PM DIS. NO AFTERCARE/ACTIVITIES 22 |
| Macaroni and Cheese-5 oz. | Veggie Beef Nachos/Cheese Sauce-5 oz. | Veggie Meatball Sub-1 | Veggie Hot Dog on a | American Cheese |
| Broccoli Florets-3/4 c. | Romaine Salad /Dressing-1 1/2 c | Green Beans-3/4 c. | Whole Wheat Hot Dog Bun-1 | on a Whole Grain Potato Bun-1 |
| Mixed Fruit Cup-1/2 c. | Yellow Corn Tortilla Chips-1 oz. | Fresh Banana-1 | Vegetarian Beans-3/4 c. | Fresh Baby Carrots w/ Dip-3/4 c. |
| Whole Grain Bread/Milk-8oz | Applesauce Cup-1/2 c. /Milk-8oz. | Whole Grain Sub Roll-1/Milk-8oz | Fresh Banana-1/Milk-8oz. | Fresh Apple-1/Milk-8oz. |
| 25 | 26 | 27 | 28 | 29 |
| SCHOOL | SCHOOL | SCHOOL | SCHOOL | SCHOOL |
| CLOSED FOR | CLOSED FOR | CLOSED FOR | CLOSED FOR | CLOSED FOR |
| WINTER | WINTER | WINTER | WINTER | WINTER |
| BREAK | BREAK | BREAK | BREAK | BREAK |
| | | | | 2 |